

Breathing Clean Fact Sheet

The claims below are quick stats that can be used to boost your social media content and share valuable information with customers and potential customers.

1. Health effects from indoor air pollutants can include irritation of the eyes, nose, and throat, headache, dizziness, and fatigue.
 - Source: The US Environmental Protection Agency (EPA)
<https://www.epa.gov/indoor-air-quality-iaq/introduction-indoor-air-quality>
2. There are many different sources of indoor air pollution; these can include: tobacco products, excess moisture, pesticides, newly installed flooring or carpet.
 - Source: The US Environmental Protection Agency (EPA)
<https://www.epa.gov/indoor-air-quality-iaq/introduction-indoor-air-quality> (under 'primary causes')
3. Indoor pollution sources that release gases or particles into the air are the primary cause of indoor air quality problems.
 - Source: The US Environmental Protection Agency (EPA)
<https://www.epa.gov/indoor-air-quality-iaq/introduction-indoor-air-quality> (under 'primary causes')
4. Sometimes, specific contaminants like dust from construction or renovation, mold, cleaning supplies, pesticides, or other airborne chemicals (including small amounts of chemicals released as a gas over time) may cause poor IAQ.
 - Source: United States Department of Labor
<https://www.osha.gov/SLTC/indoorairquality/>
5. The Federal Trade Commission estimates that Americans lost more than \$4.1 billion to fraud and scams in the last 5 years.
 - Source: Home Advisor
http://welcome.homeadvisor.com/home-improvement-fraud-scams/?m=homesense&entry_point_id=28875476
6. Poor workmanship is the number one fear homeowners have when hiring a contractor.
 - Source: Home Advisor
http://welcome.homeadvisor.com/home-improvement-fraud-scams/?m=homesense&entry_point_id=28875476

7. Over 1/3 of homeowners have a fear of fraud when hiring a contractor.
 - Source: Home Advisor
http://welcome.homeadvisor.com/home-improvement-fraud-scams/?m=homesense&entry_point_id=28875477
8. 70% of homeowners have hired a contractor for home repair.
 - Source: Home Advisor
http://welcome.homeadvisor.com/home-improvement-fraud-scams/?m=homesense&entry_point_id=28875478
9. The number one warning sign for homeowners that a contractor may be fraudulent is if they demand the money up front.
 - Source: Home Advisor
http://welcome.homeadvisor.com/home-improvement-fraud-scams/?m=homesense&entry_point_id=28875479
10. Regularly clean your air filters, supply vents and return grills. Dust and dirt cause your heating equipment to work harder. That means higher energy bills.
 - Source: Consumer Energy Center (California Energy Commission)
http://www.consumerenergycenter.org/residential/heating_cooling/ducts.html
11. Around the world, a death occurs every 20 seconds due to poor indoor air quality.
 - Source: AirAdvice State of Our Indoor Air report (referencing the EPA)
<http://www.airadviceforhomes.com/wordpress/wp-content/uploads/2012/07/State-of-Our-Indoor-Air-Report.pdf>
12. Since 1990, the U.S. Environmental Protection Agency (EPA) has consistently ranked indoor air pollution as one of the top five environmental risks to public health.
 - Source: AirAdvice State of Our Indoor Air report (referencing the EPA)
<http://www.airadviceforhomes.com/wordpress/wp-content/uploads/2012/07/State-of-Our-Indoor-Air-Report.pdf>